



Complete Endocrine Care

Hypothyroidism and Pregnancy

- During pregnancy, the thyroid needs to be closely and regularly monitored as proper thyroid hormone levels are necessary for fetal brain and nervous system development.
 - If the thyroid is not properly regulated then the baby's IQ could possibly be slightly lower.
- Thyroid hormone requirements can increase by up to 33% during pregnancy due to various reasons and hence dose adjustments may be required. Thus, regular follow ups are recommended during pregnancy.



- The recommendation for someone who is pregnant and has an increased TSH is to start on medication as the baby's brain development is dependent on it. The medication, if properly monitored and adjusted, IS NOT a risk to the baby but the lack of medicine.....is

- It can be determined whether or not you truly need thyroid hormone replacement at some point after the delivery of your child.